

DIOCESE OF SCRANTON



DIOCESAN LOGO

LENTEN HOLY HOUR

Lent 2026

Homilist

The Most Reverend Joseph C. Bambera, D.D., J.C.L.
Bishop of Scranton

EXPOSITION OF THE BLESSED SACRAMENT

STAND

PROCESSION OF THE MINISTERS

All stand while the ministers and the Bishop process to the sanctuary. Once there, the presiding minister goes to the tabernacle.

KNEEL

EXPOSITION HYMN

The presiding minister takes the Blessed Sacrament from the tabernacle and places it in the monstrance on the altar. All kneel. The Blessed Sacrament is then incensed while the Exposition Hymn is sung by the faithful.

SILENT ADORATION

Follow the Exposition Hymn, the faithful are encouraged to spend some time in quiet prayer before the Lord in the Blessed Sacrament. After a suitable amount of time, the Holy Hour continues with Vespers.



VESPERS

STAND

INTRODUCTORY DIALOGUE

All stand and make the Sign of the Cross.

Presider: God, ✠ come to my assistance.

All: Lord, make haste to help me.

Presider: Glory to the Father, and to the Son,
and to the Holy Spirit:

**All: as it was in the beginning,
is now, and will be for ever. Amen.**

HYMN

SIT

PSALMODY

Presider: Lord, lay your healing hand upon me, for I have
sinned.

Psalm 51

O God, have mercy on me

I – Left Side II – Right Side

I Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from sin.

II My offenses truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;

what is evil in your sight I have done.

I That you may be justified when you give sentence
and be without reproach when you judge.

O see, in guilt I was born,
a sinner was I conceived.

II Indeed you love truth in the heart;
then in the secret of my heart teach me wisdom.

O purify me, then I shall be clean;
O wash me, I shall be whiter than snow.

I Make me hear rejoicing and gladness,
that the bones you have crushed may revive.

From my sins turn away your face
and blot out all my guilt.

II Glory to the Father, and to the Son,
and to the Holy Spirit:

I As it was in the beginning, is now,
and will be forever. Amen.

All: Lord, lay your healing hand upon me, for I have sinned.

Pause

Presider: Lord, you will accept the true sacrifice offered on
your altar.

I – Left Side II – Right Side

I A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit.

- II** Give me again the joy of your help;
with a spirit of fervor sustain me,
that I may teach transgressors your ways
and sinners may return to you.
- I** O rescue me, God, my helper,
and my tongue shall ring out your goodness.
O Lord, open my lips
and my mouth shall declare your praise.
- II** For in sacrifice you take no delight,
burnt offering from me you would refuse,
my sacrifice, a contrite spirit
a humbled, contrite heart you will not spurn.
- I** In your goodness, show favor to Zion:
rebuild the walls of Jerusalem.
Then you will be pleased with lawful sacrifice,
holocausts offered on your altar.
- I** Glory to the Father, and to the Son,
and to the Holy Spirit:
- II** As it was in the beginning, is now,
and will be forever. Amen.
- All:** Lord, you will accept the true sacrifice on your altar.

Pause

Presider: I cried to you, Lord, and you healed me. I will
praise you for ever.

Canticle
Revelation 11:17-18; 12-10b-12a
The judgment of God

I – Left Side II – Right Side

- I** We praise you, the Lord God Almighty,
who is and who was.
You have assumed your great power,
you have begun your reign.
- II** The nations have raged in anger,
but then came your day of wrath
and the moment to judge the dead:
the time to reward your servant the prophets
and the holy ones who revere you,
the great and the small alike.
- I** Now have salvation and power come,
the reign of our God and the authority
of his Anointed One.
For the accuser of our brothers is cast out,
who night and day accused them before God.
- II** They defeated him by the blood of the Lamb
and by the word of their testimony;
love for life did not deter them from death.
So rejoice, you heavens,
and you that dwell therein!
- I** Glory to the Father, and to the Son,
and to the Holy Spirit:
- II** as it was in the beginning, is now,
and will be forever. Amen.

All: I cried to you, Lord, and you healed me. I will praise you for ever.

READING

HOMILY Most Reverend Joseph C. Bambera

RESPONSORY

Reader: To you, O Lord, we make our prayer for mercy.

All: To you, O Lord, we make our prayer for mercy.

Reader: Heal us for we have sinned against you.

All: We make our prayer for mercy.

Reader: Glory to the Father, and to the Son,
and to the Holy Spirit.

All: To you, O Lord, we make our prayer for mercy.

STAND

CANTICLE OF MARY

Saint Meinrad Archabbey

Tone 8



Cantor: When you meet those in need, do not turn away from them,
for they are your brothers and sisters.
Then your light shall break forth like the dawn,
and your good deeds shall go before you.

All make the Sign of the Cross while singing:

All: My soul ✠ proclaims the greatness *of* the Lord,
my spirit rejoices in God *my* Savior
for he has *looked* with favor
on his low*ly* servant.



From this day all *generations*
will call *me* blessed:
the Almighty has done great *things* for me
and holy is *his* Name.

He has mercy on *those* who fear him
in every generation.
He has shown the strength *of* his arm,
he has scattered the proud in their *conceit*.

He has cast down the mighty *from* their thrones,
and has lifted up *the* lowly.
He has filled the hungry *with* good things,
and the rich he has sent *away* empty.

He has come to the help of his *servant* Israel
for he has remembered his promise *of* mercy,
the promise he made *to* our fathers,
to Abraham and his children *for* ever.

Glory to the Father, and *to* the Son,
and to the Holy Spirit:
as it was in the *beginning* is now,
and will be forever. Amen.

Antiphon:

When you meet those in need, do not turn away
from them,
for they are your brothers and sisters.
Then your light shall break forth like the dawn,
and your good deeds shall go before you.

INTERCESSIONS

Presider: All glory and honor to God, for in the blood of Christ he has ratified a new and everlasting covenant with his his people, and renews it in the sacrament of the altar.

All: Bless your people, Lord.

Reader: Lord, guide the minds and hearts of peoples and all in public office, may they seek the common good.

All: Bless your people, Lord.

Reader: Renew the spirit of dedication in those who have left all to follow Christ, may they give clear witness to the holiness of the church.

All: Bless your people, Lord.

Reader: You have made all men and women in your image, may they always uphold human dignity.

All: Bless your people, Lord.

Reader: Lead back to your friendship and truth all who have gone astray, teach us how to help them.

All: Bless your people, Lord.

Reader: Grant that the dead may enter into your glory, to praise you for ever.

All: Bless your people, Lord.

THE LORD'S PRAYER

CONCLUDING PRAYER

Grant, almighty God,
through the yearly observances of holy Lent,
that we may grow in understanding
of the riches hidden in Christ
and by worthy conduct pursue their effects.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit, God, for ever and ever.

All: **Amen.**



BENEDICTION OF THE BLESSED SACRAMENT

KNEEL

BENEDICTION HYMN

The presiding minister goes to the altar, genuflects, and then kneels. The Benediction Hymn is sung while the presiding minister incenses the Blessed Sacrament.

PRAYER

Presider: Let us pray.

O God, who in this wonderful Sacrament
have left us a memorial of your Passion,
grant us, we pray,
so to revere the sacred mysteries
of your Body and Blood

that we may always experience in ourselves
the fruits of your redemption.
Who live and reign for ever and ever.

All: **Amen.**

THE EUCHARISTIC BLESSING

The presiding minister puts on the humeral veil covering his hands signifying that it is Christ present in the Eucharist who is giving the blessing.

REPOSITION OF THE BLESSED SACRAMENT

After the blessing, the presiding minister removes the humeral veil. The following acclamations may be said (the Divine Praises). He then removes the Blessed Sacrament from the monstrance and places the consecrated host back in the tabernacle.

All: **Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most Holy.
Blessed be her Holy and Immaculate Conception.
Blessed be her Glorious Assumption.
Blessed be the Name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints.**

STAND

CLOSING HYMN

Once the Blessed Sacrament has been placed back in the tabernacle and the tabernacle door closed, the assembly stands and sings an appropriate hymn.



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