READING

I Corinthians 11:23-26

Brothers and sisters:

I received from the Lord what I also handed on to you, that the Lord Jesus, on the night he was handed over, took bread, and, after he had given thanks, broke it and said, "This is my body that is for you. Do this in remembrance of me."
In the same way also the cup, after supper, saying, "This cup is the new covenant in my blood.
Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes.

Lenten Holy Hour with Bishop Bambera

RESPONSORY

(following a period of silence after Bishop Bambera's homily)

Reader: The living Father has sent me

and I have life from the Father.

Whoever eats my flesh has life from me.

All: The living Father has sent me

and I have life from the Father.

Whoever eats my flesh has life from me.

Reader: The Lord has fed us on the bread of life

and understanding

All: Whoever eats my flesh has life from me.

Reader: Glory be to the Father, and to the Son,

and to the Holy Spirit.

All: The living Father has sent me

and I have life from the Father.

Whoever eats my flesh has life from me.

INTERCESSIONS

Presider: Christ invites all to the supper in which he gives his body and

blood for the life of the world. Let us ask him:

All: Christ, the bread from heaven, grant us everlasting life.

Reader: Christ, Son of the living God, you commanded that

this thanksgiving meal be done in memory of you, enrich your Church through the faithful celebration

of these mysteries.

All: Christ, the bread from heaven, grant us everlasting life.

Reader: Christ, eternal priest of the Most High, you have

commanded your priests to offer your sacraments, may they help them to exemplify in their lives the meaning of the sacred mysteries which they celebrate.

All: Christ, the bread from heaven, grant us everlasting life.

Reader: Christ, bread from heaven, you form one body out of

all who partake of the one bread, refresh all who

believe in you with harmony and peace.

All: Christ, the bread from heaven, grant us everlasting life.

Reader: Christ, through bread you offer the remedy for

immortality and the pledge of future resurrection, restore health to the sick and living hope to sinners.

All: Christ, the bread from heaven, grant us everlasting life.

Reader: Christ, our king who is to come, you commanded

that the mysteries which proclaim your death be celebrated until you return, grant that all who die in

you may share in your resurrection.

All: Christ, the bread from heaven, grant us everlasting life.