



DIOCESE OF SCRANTON

ROOTED IN CHRIST

LENT 2022



MERCY Monday

"Jesus, I Trust in You!"

In the 1930s, Jesus chose a humble Polish nun, St. Faustina Kowalska, to receive private revelations concerning the depths of His mercy. Throughout her life of holiness, she continually received revelations from Jesus and diligently wrote down what He told her in her diary. In 1935, an angel appeared to St. Faustina, and she heard the call to pray for mercy. The next day, Christ appeared and urged her to pray the Chaplet herself and with others at the hour of death. She wrote down this revelation in her diary.

St. Faustina passed away in 1938 from tuberculosis. She was canonized by St. (Pope) John Paul II on April 30, 2000.

“ I desire to grant unimaginable graces to those souls who trust in My mercy. Through the Chaplet you will obtain everything, if what you ask for is compatible with My will. ”

St. Faustina's Diary

Why pray the Divine Mercy Chaplet?

We pray the Divine Mercy Chaplet for mercy — in our own lives and in the lives of our neighbors, too. And we also pray to remind ourselves that we must rely on God; we must recognize our weakness and replace our anxieties and worries with abounding trust in God. We pray so that we might honestly live out the words "Jesus, I trust in You."



How to pray the Divine Mercy Chaplet

Using regular rosary beads, you begin the chaplet with an 'Our Father', 'Hail Mary', and 'I believe' (the Apostle's Creed).

Then on the large (Our Father) beads say the following words: 'Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.'

On the smaller (Hail Mary) beads pray: 'For the sake of His sorrowful Passion have mercy on us and on the whole world.'

In conclusion pray these words three times: 'Holy God, Holy

Mighty One, Holy Immortal One, have mercy on us and on the whole world'.

"Those who sincerely say 'Jesus, I trust in You' will find comfort in all their anxieties and fears ... There is nothing more man needs than Divine Mercy - that love which is benevolent, which is compassionate, which raises man above his weakness to the infinite heights to the holiness of God."

Saint (Pope) John Paul II
(Krakow, Poland - June 7, 1997)

You can pray the Chaplet at any time, but here are three times that are especially impactful when praying for God's mercy:

After *Mass:*
The Divine Mercy Chaplet is an intercessory prayer that extends the offering of the Eucharist, so it is especially appropriate to use it after receiving Holy Communion at Mass.

Before *the* *Feast* *of* *Mercy:*
The Chaplet may be prayed at any time, but our Lord specifically told St. Faustina to recite it as a novena during the nine days before the Feast of Mercy (the first Sunday after Easter). He then added: "By this Novena, [of Chaplets] I will grant every possible grace to souls." (St. Faustina's Diary, 796)

At *3:00* *p.m.:*
3:00 p.m. is known as the "hour of great mercy" in remembrance of Christ's death on the cross at 3:00 p.m. on Good Friday. Similarly, people often pray the Stations of the Cross at this time.

[Pray The Chaplet of Divine Mercy](#)

*Steve Angrisano is a Catholic evangelist, musician and speaker. You can pray The Chaplet of Divine Mercy with Steve everyday live at 3pm on his [Facebook page](#).

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