



DIOCESE OF SCRANTON

ROOTED IN CHRIST

LENT 2022



SACRED *Sunday*

**In The Rosary,
God Brings Himself to Us**

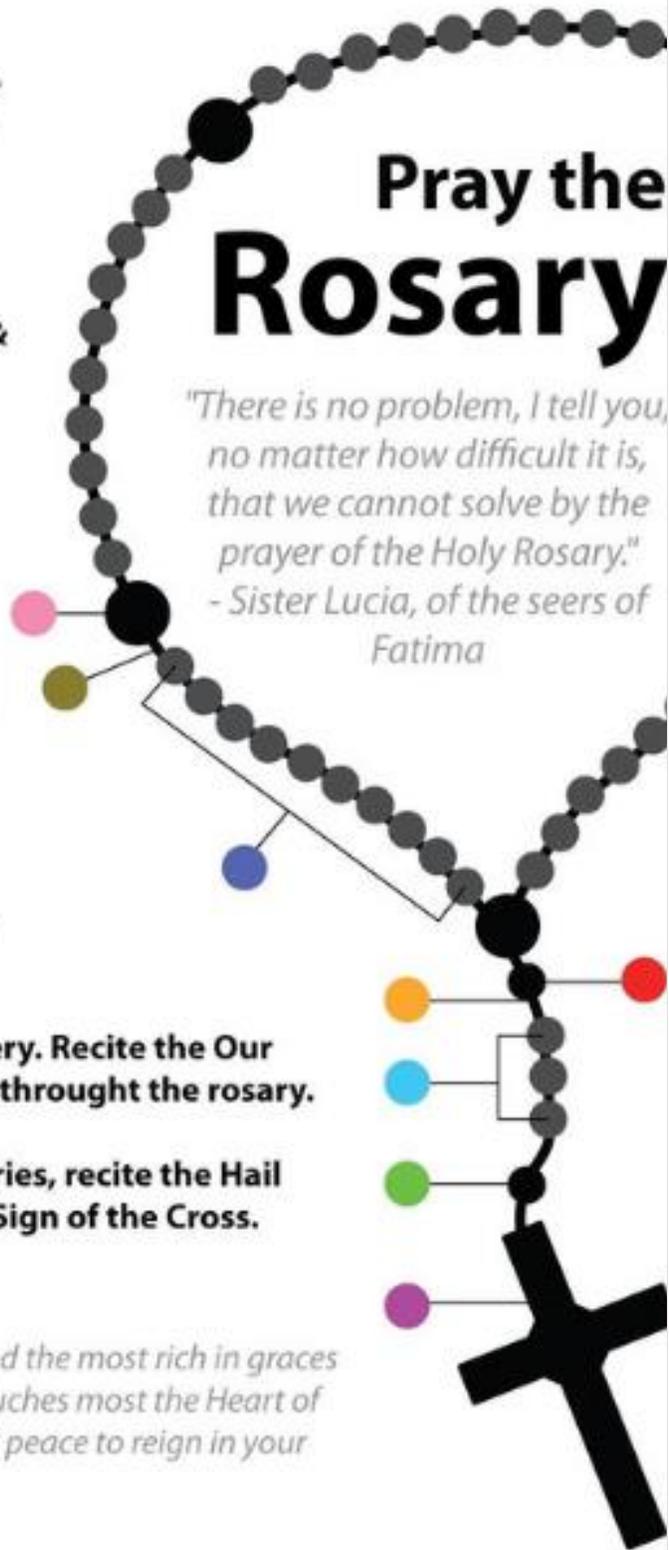
"No prayer is more meritorious for the soul and more glorious for Jesus and Mary than a well recited Rosary."
- Saint Louis de Montfort

Pray the Rosary

"There is no problem, I tell you, no matter how difficult it is, that we cannot solve by the prayer of the Holy Rosary."
- Sister Lucia, of the seers of Fatima

- 1 **Make the Sign of the Cross & recite the Apostles' Creed.**
- 2 **Recite the Our Father.**
- 3 **Recite three Hail Marys.**
- 4 **Recite the Glory Be.**
- 5 **Announce the first mystery and recite the Our Father.**
- 6 **Recite ten Hail Marys.**
- 7 **Recite the Glory Be and the Fatima Prayer.**
- 8 **Announce the second mystery. Recite the Our Father and repeat the steps through the rosary.**
- 9 **After completing the mysteries, recite the Hail Holy Queen & end with the Sign of the Cross.**

"The Rosary is the most beautiful and the most rich in graces of all prayers; it is the prayer that touches most the Heart of the Mother of God...and if you wish peace to reign in your homes, recite the family Rosary."
- Pope Saint Pius X



The Rosary is a firm declaration of the Gospel of Jesus Christ, announcing again and again to our hearts and to the world that **God has come to save us**. In this way, just as we turn to God whenever we pray the Rosary, God comes down to us and enters our lives.

HOW TO PRAY THE ROSARY

- ~ Make the Sign of the Cross.
- ~ Holding the Crucifix, say the [Apostles' Creed](#).
- ~ On the first bead, say an [Our Father](#).
- ~ Say one [Hail Mary](#) on each of the next three beads.
- ~ Say the [Glory Be](#)

~For each of the five decades, announce the [Mystery](#), then say the [Our Father](#)

spend some time with the scripture and reflections for each Mystery

~ While fingering each of the ten beads of the decade, say ten [Hail Marys](#) while meditating on the Mystery. Then say a [Glory Be](#).

To recite the Rosary is nothing other than to contemplate with Mary the face of Christ...No one has ever devoted himself to the contemplation of the face of Christ as faithfully as Mary. St. John Paul II, *Rosarium Virginis Mariae*

After finishing each decade, which ends with the Glory Be, some say the following prayer requested by the Blessed Virgin Mary at Fatima:

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those who have most need of your mercy.

When you conclude praying the five decades (or the decade of your choice), say the '[Hail, Holy Queen](#)', followed by this dialogue and prayer:
*V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.*

Let us pray: O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

[Click here for the Lenten Mysteries](#)

Lenten Mysteries

The Temptation of Christ in the Desert (Luke 4:1-13)
The Transfiguration of the Lord (Luke 9:28B-36)
The Parable of the Fig Tree (Lk 13:1-9)
The Parable of the Prodigal Son (Lk 15:1-3, 11-32)
Jesus Shows Mercy to the Woman Caught in Adultery (Jn 8:1-11)

The Sunday Gospels of Lent in Year C provide us with stories that speak to our lives, as we seek to throw off the 'bonds of sin' and more deeply root ourselves to Christ and our faith. Whether Christ, himself, the disciples, or those who followed Jesus in the years of his ministry, there were moments of weariness, judgement, doubt, and hope for change...

In meditating with these "Lenten Mysteries", may you (and your family/dear ones) find new inspiration for prayer through one of the most popular devotions the Church offers us, The Rosary. You can use this prayer practice a few different ways:

~ Take one Mystery/Decade per week of Lent

~ Commit to one Mystery/Decade across the whole season of Lent

~ Pray all 5 Mystery/ Decades in one recitation for each of the weeks of Lent

Funding for this initiative provided by your support of the Diocese of Scranton's Diocesan Annual Appeal. Thank you for your generosity!

Diocese of Scranton
2021 **DIOCESAN**
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