**Adoration Synod Experience**

*Please note that only a priest or deacon may incense the Blessed Sacrament and celebrate Benediction.*

*An extraordinary minister of Holy Communion may only expose and repose the Blessed Sacrament*

*in the absence of a priest or deacon and with the explicit permission of the Bishop or pastor.*

*(*See *Holy Communion and Worship of the Eucharist Outside Mass* #91-92)

* **Suggestions for Setting Up of the Sanctuary**
* Get out the Monstrance: Place it on the corporal.
* Light the charcoals: The charcoals need to be lit and started burning 10 minutes before adoration begins.
* Check the boat: Make sure there is incense in the boat.
* Bring out the Thurible stand.
* Light the altar candles
* **Suggested Format for Adoration**

What follows are only suggested adaptations for your parish that are in harmony with the official ritual book. You can mix and match ideas and tailor them to fit the desires of your group. You may either gather before Jesus exposed in the Monstrance or before the Tabernacle in your parish sanctuary.

* **Opening Prayer**

The priest or the leader can start with a few words to help bring everyone’s hearts and minds to Jesus.

* **Explanation of the Synod**

Like many of the words that we use in our tradition, Synod is an ancient Greek word that means assembling to determine the path forward. Pope Francis is inviting the Church to gather and to listen to each and every Catholic to find the Church’s path forward at this time in our history. During adoration today, we will take time in prayer to ready our hearts with answers to the Pope’s questions about our church and fully open ourselves to the guidance of the Holy Spirit.

* **Suggested Song-Here I Am Lord**

**Presider:** Bow and pray in silence – “When we bow down we make ourselves small and humble in our adoration of our God.

* **Meditation** – “Jesus is truly present in the Eucharist, our God is hidden. How great is His love for us and the love that He continues to give us. He waits for us day and night in that Sacred Host. (or any meditation you feel works better for your parish)
* **Reading from the Holy Gospel-(John 3:8)**

“The wind blows where it chooses and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the spirit.”

(At this time, you can either pass out or display a power point with the questions)

***Now take a moment to read and discern the questions you were given. What are your hopes for the church as the voice of the people is heard?***

* **Prayer of the Synod on Synodality**

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever.

* **Benediction** *Kneel***:** *While Father incenses the monstrance, all sing the Tantum Ergo or Divine Praises*
* **All remain kneeling when Presider says,**

Lord our God, in this great sacrament, we come into the presence of Jesus Christ, your Son. Born of the Virgin Mary and crucified for our salvation. May we who declare our faith in this fountain of love and mercy drink from it the water of everlasting life.

We ask this through Christ our Lord.

**All:** Amen

*All remain kneeling and Father blesses everyone. And reposes the Blessed Sacrament.*

* **The Divine Praises**

Blessed be God.

Blessed be his Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in his Angels and in His Saints.

May the heart of Jesus, in the Most Blessed Sacrament,

Be praised, adored, and loved with grateful affection,

At every moment, in all the tabernacles of the world,

Even to the end of time.

Amen.

* **Song Suggestion:** One Bread, One Body

Thank you for coming. Please join us in the Hall for fellowship and small group conversation.

**Timeline for Adoration**

0:01-0:010 Opening Prayer

0:10-0:20 Explanation and song

0:20-0:25 Quiet Time

0:25-0:30 Meditation, Gospel Reading  
0:30-0:45 Questions/Discernment

0:45-0:50 Prayer on the Synod on Synodality

0:50-0:60 Benediction/Divine Praises/Final Song