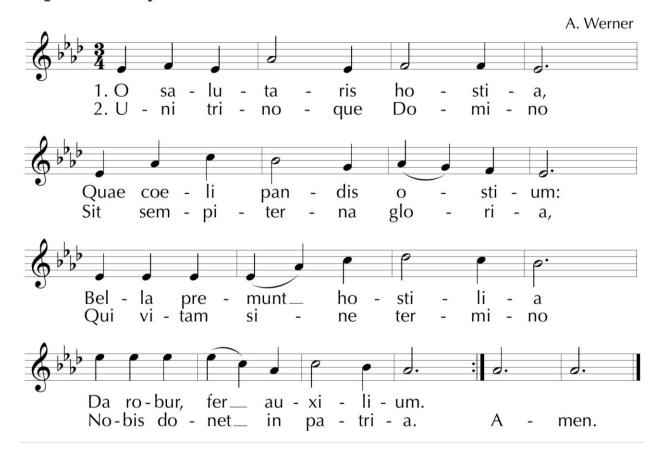
HOLY HOUR IN TIME OF PANDEMIC

EUCHARISTIC EXPOSITION

Entrance of the Ministers

Exposition Hymn

"O Salutaris Hostia"



Silence

CELEBRATION OF THE WORD OF GOD

Hymn

"Behold the Lamb of God"



Reading

Lamentations 3:17-26

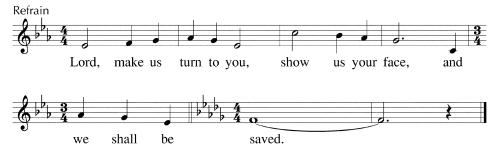
A reading from the Book of Lamentations

My soul is deprived of peace, I have forgotten what happiness is; I tell myself my future is lost, all that I hoped for from the LORD. The thought of my homeless poverty is wormwood and gall; Remembering it over and over leaves my soul downcast within me. But I will call this to mind, as my reason to have hope: The favors of the LORD are not exhausted, his mercies are not spent; They are renewed each morning, so great is his faithfulness. My portion is the LORD, says my soul; therefore will I hope in him. Good is the LORD to one who waits for him, to the soul that seeks him; It is good to hope in silence for the saving help of the LORD.

The word of the Lord.

Responsorial Psalm

"Ps. 80: Lord, Make Us Turn to You"



Verses

- 1. Shepherd of Israel, hearken from your throne and shine forth, O rouse your power, and come to save us.
- 2. We are your chosen vine, only by your care do we live, reach out your hand, O Lord, unto your people.
- 3. If you will dwell with us, we shall live anew in your love, O shine upon us, great Lord of life.

Gospel Acclamation

traditional chant



Gospel

Mark 4:35-41

A reading from the holy Gospel according to Mark One day, as evening drew on, Jesus said to his disciples: "Let us cross to the other side." Leaving the crowd, they took Jesus with them in the boat just as he was. And other boats were with him. A violent squall came up and waves were breaking over the boat, so that it was already filling up. Jesus was in the stern, asleep on a cushion. They woke Jesus and said to him, "Teacher, do you not care that we are perishing?" He woke up, rebuked the wind, and said to the sea, "Quiet! Be still!" The wind ceased and there was great calm. Then he asked them, "Why are you terrified? Do you not yet have faith?" They were filled with great awe and said to one another, "Who then is this whom even wind and sea obey?"

The Gospel of the Lord.

Homily/Reflection

May we who are merely inconvenienced remember those whose lives are at stake. May we who have no risk factors remember those most vulnerable. May we who have the luxury of working from home remember those who must choose between preserving their health and making their rent. May we who have the flexibility to care for our children when their schools close remember those who have no options. May we who have to cancel our trips remember those who have no safe place to go. May we who are losing our margin money in the tumult of the economic market remember those who have no margin at all. May we who settle in for a quarantine at home remember those who have no home. As fear grips our country, let us choose love. And during this time when we may not be able to physically wrap our arms around each other, let us yet find ways to be the loving embrace of God to our neighbors.

Amen.

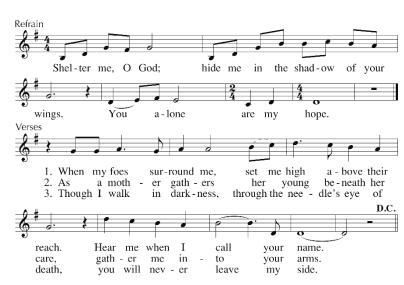
Intercessions

- Bishop: Let us make petition to the Lord, offering prayers for those most in need.
- Reader: For the Church, that our Holy Father, Pope Francis, our Bishop, Joseph, and all bishops may continue to lead all people to faith and hope in Jesus, especially during these dark days of the coronavirus, we pray to the Lord.
- ALL: Lord, hear our prayer.
- Reader: For our world, that we may develop a greater sense of the dignity of human life in all stages, and that the world leaders may have the wisdom to work together in sheltering and protecting their citizens from this pandemic, we pray to the Lord.
- ALL: Lord, hear our prayer.
- Reader: For all those suffering from the coronavirus, that they may be restored to health, and that all those who care for them, especially medical professionals, may be kept safe from this disease, we pray to the Lord.
- ALL: Lord, hear our prayer.

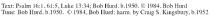
- Reader: For medical experts and laboratory technicians, that the Holy Spirit may inspire their hearts and minds so that a vaccine may be found and made available soon, we pray to the Lord.
- ALL: Lord, hear our prayer.
- Reader: For all essential workers who provide the necessary services to sustain us and to help us function as a society, that they may be shielded from all harm and illness, we pray to the Lord.
- ALL: Lord, hear our prayer.
- Reader: For all of those who have died, especially all of those who have died as a result of the coronavirus and those who will die alone, that Jesus will welcome them into Paradise, and that those who grieve their loss may be comforted through the peace that only God can bring, we pray to the Lord.
- ALL: Lord, hear our prayer.
- Bishop: Lord, our God,

we trust that you hear the cries of your people. Hear and answer these prayers which we place before you this day. Through Christ our Lord.

"Shelter Me, O God"



Song



Rosary

- <u>The First Glorious Mystery: The Resurrection of the Lord</u> "Then the angel said to the women in reply, "Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for he has been raised just as he said. Come and see the place where he lay." (Matthew 28:5-6) The angel's instruction, "Do not be afraid" is a command issued by God throughout Scripture, and the Resurrection of the Lord is the clearest sign from God that we truly have nothing to fear, for the darkness of Good Friday gives way to the hope and joy of Easter. We must trust in the Lord Jesus that the darkness of this current time of pandemic will give way to the light of our broken world restored.
- 2. <u>The Second Glorious Mystery: The Ascension of the Lord</u> "So then the Lord Jesus, after he spoke to the Eleven, was taken up into heaven and took his seat at the right hand of God. But the Apostles went forth and preached everywhere, while the Lord worked with them and confirmed the word through accompanying signs." (Mark 16:19-20) After the Lord's Ascension, the Apostles went forth to bring the Good News of salvation to all people, and even today in the midst of the coronavirus, the message of hope in God's love continues to spread. Let us thank God for the gift of faith that sustains us in these darkest of days.
- 3. <u>The Third Glorious Mystery: The Descent of the Holy Spirit</u> "And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim." (Acts 2: 2-4). Although gathered in the upper room in fear, the Holy Spirit descends upon the Apostles and they are inspired to go forth to preach the Gospel to people of every race and language. May the Holy Spirit transform the fears of our hearts into the courage and trust in God needed at this moment.

- 4. <u>The Fourth Glorious Mystery: The Assumption of the Blessed Virgin</u> <u>Mary</u> – "And coming to her, the angel Gabriel said, 'Hail, full of grace, the Lord is with you.' But Mary was greatly troubled at what was said and pondered what sort of greeting this might be. Then the angel said to her, 'Do not be afraid, Mary, for you have found favor with God. Behold, you will conceive in your womb and bear a son, and you shall name him Jesus.'" (Luke 1:28-31). Our faith teaches that Mary, full of grace and favored by God, is assumed body and soul into heaven. Although uncertain how God would accomplish the mystery of salvation through her, the Blessed Virgin Mary obediently trusts God's will for her. Let us obediently trust God's will for us, so that where Mary is, we may hope to follow.
- 5. <u>The Fifth Glorious Mystery: The Coronation of Mary as Queen of</u> <u>Heaven and Earth</u> – "And Mary said, 'My soul proclaims the greatness of the Lord; my spirit rejoices in God my Savior for he has looked with favor on his lowly servant. From this day all generations will call me blessed: the Almighty has done great things for me and holy is his Name.'" (Luke 1:46-49) Throughout her life, the Blessed Virgin Mary recognized and treasured the many works of God, reflecting on them in her heart. Trust in God leads to gratitude, and in the midst of this pandemic, let us offer thanksgiving for the many ways that God has blessed us.

Pope Francis' Prayer to Mary during the Pandemic:

Mary, you shine continuously on our journey as a sign of salvation and hope.
We entrust ourselves to you, Health of the Sick.
At the foot of the Cross you participated in Jesus' pain, with steadfast faith.
You, the Salvation of the Your People, know what we need.
We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.
Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us:
He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin. Amen.

EUCHARISTIC BENEDICTION

<u>Hymn</u>

KNEEL



Text: Thomas Aquinas, 1227-1274; tr. by James Quinn, SJ, b.1919, © 1969. Used by permission of Selah Publishing Co., Inc. Tune: ST. THOMAS, 8 7 8 7 8 7; John F. Wade, 1711-1786

BENEDICTION SONG

Presider:You have given them Bread from heaven.All:Having within it all Sweetness.

BENEDICTION PRAYER

Presider: Let us pray.

Lord our God, in this great sacrament we come into the presence of Jesus Christ, your Son, born of the Virgin Mary and crucified for our salvation. May we who declare our faith in this fountain of love and mercy drink from it the water of everlasting life. Through Christ our Lord.

ALL: Amen.

EUCHARISTIC BLESSING

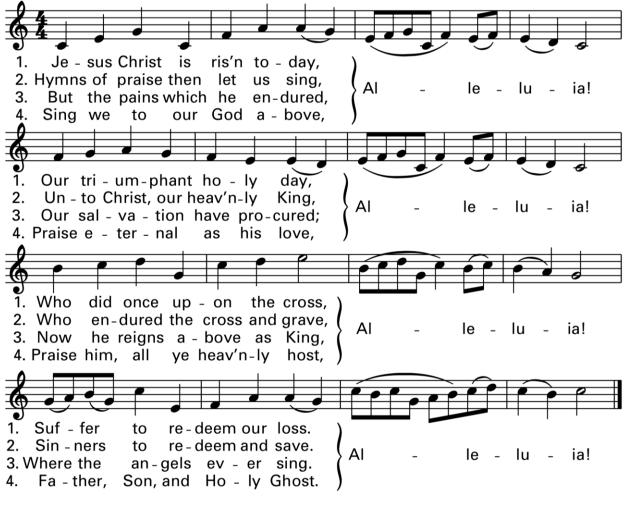
THE DIVINE PRAISES

ALL: Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most Holy. Blessed be her Holy and Immaculate Conception. Blessed be her Glorious Assumption. Blessed be the Name of Mary, Virgin and Mother. Blessed be St. Joseph, her most chaste spouse. Blessed be God in His Angels and in His Saints.

REPOSITION OF THE BLESSED SACRAMENT

CONCLUDING HYMN

"JESUS CHRIST IS RISEN TODAY"



Text: 77 77 with alleluias; verse 1, Latin, 14th cent.; para. in *Lyra Davidica*, 1708, alt.; verses 2–3, *The Compleat Psalmodist*, ca. 1750, alt.; verse 4, Charles Wesley, 1707–1788, alt. Music: Later form of melody fr. *Lyra Davidica*, 1708.

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