(EMPLOYER NAME)

401(k), 403(b) or TAX-DEFERRED ANNUITY PLAN CONTRIBUTION ELECTION FORM

	XXX-XX
EMPLOYEE NAME	LAST 4 DIGITS OF SOCIAL SECURITY NUMBER
The Plan has been explained to me and I have been given a Sumn choose to have my pay reduced for contributions to the Plan.	nary Plan Description. I understand that I may voluntarily
ELECTION TO CONTRIBUTE	
I elect to designate my contributions as Traditional Pre-Tax Contributions) as follows:	outions and/or Designated Roth Contributions
 Pre-Tax Contributions: I elect to contribute% or S deduct that amount each pay period. 	of my pay, and I authorize my employer to
 Designated Roth Contributions (after tax): I elect to contribute _ my employer to deduct that amount each pay period. 	% or \$ of my pay, and I authorize
I am aware that:	
 My contribution may be reduced in order to comply with Fe apply to participants age 50 or older. 	deral tax rules and limits, including any higher limits that
2) This election will take effect with the first pay period beginni it is administratively feasible for my employer to begin dedu- employer. I may stop or change my election for future pay per effect as soon as administratively feasible.	ctions from my pay after I file this Election Form with my
 My contributions and earnings cannot be withdrawn or partermination of employment. My contributions may be available (according to the Plan and IRS rules). 	id until I attain age 59½ or upon my death, disability or ble for withdrawal in the event of serious financial hardship
4) Any portion of my contributions that I elect to be Designat regular income tax as part of my regular taxable pay. Distribution distributed from the Plan, but distributions of earnings a distribution is a distribution made (a) at least five years after attained age 59½, become disabled or died.	utions of Designated Roth Contributions will not be taxable may be subject to tax or penalty if not qualified. A qualified
Any election to treat all or part of my contribution as Designat are deducted from my pay.	led Roth Contributions is irrevocable once the contributions
6) Loans are not permitted from any of my contributions which I	elect as Designated Roth Contributions.
7) This election generally applies to all compensation payments the	nat I receive, as described in my Employer's Plan Document.
EMPLOYEE SIGNATURE	DATE
EMPLOYER REPRESENTATIVE	DATE RECEIVED
ELECTION NOT TO CONTRIBUTE	
I do not wish to contribute to the Plan at this time. I understand the I will not be entitled to such contributions during the time I am not in the future by completing a Contribution Election Form and an E	contributing. I also understand that I may elect to contribute
EMPLOYFE SIGNATURE	DATE
EMPLOYER REPRESENTATIVE	DATE RECEIVED

NOTE TO EMPLOYERS

THIS FORM SHOULD BE RETAINED WITH THE EMPLOYER'S RECORDS OF THE PLAN.

EMPLOYERS SHOULD REVIEW THIS SAMPLE PAYROLL AUTHORIZATION FORM WITH LEGAL COUNSEL, IN PARTICULAR REGARDING ANY APPLICABLE STATE LAW THAT MAY AFFECT THIS DOCUMENT.

MUTUAL OF AMERICA LIFE INSURANCE COMPANY, 320 PARK AVENUE, NEW YORK, NY 10022-6839

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