

PRAYER FOR ATONEMENT AND HEALING

Eucharistic Holy Hour and Evening Prayer 1

Morning Prayer 8

Eucharistic Holy Hour and Evening Prayer

EXPOSITION HYMN

“O Salutaris Hostia”

Please kneel when the tabernacle doors are opened.

1. *O salutaris Hostia
Quae caeli pandis ostium:
Bella premunt hostilia,
Da robur, fer auxilium.*

2. *Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patira. Amen.*

SILENT MEDITATION

EVENING PRAYER

September 14, 2018

The Exaltation of the Holy Cross

INVITATORY

God, come to my assistance.

- **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

- **as it was in the beginning, is now, and will be for ever.**

Amen. Alleluia.

PSALMODY

Antiphon 1 What a great work of charity!
Death itself died when life was slain on the tree.

Psalm 110:1-5, 7

The Messiah, king and priest

Christ's reign will last until all his enemies are made subject to him (I Corinthians 15:25).

I The Lord's revelation to my Master:
“Sit on my right:
your foes I will put beneath your feet.”

- II** The Lord will wield from Zion
your scepter of power:
rule in the midst of all your foes.
- I** A prince from the day of your birth
on the holy mountains
from the womb before the dawn I begot you.
- II** The Lord has sworn an oath he will not change.
“You are a priest for ever,
a priest like Melchizedek of old.”
- I** The Master standing at your right hand
will shatter kings in the day of his great wrath.
- II** He shall drink from the stream by the wayside
and therefore he shall lift up his head.
- I** Glory to the Father, and to the Son,
and to the Holy Spirit:
- II** as it was in the beginning, is now,
and will be forever. Amen.

Antiphon **What a great work of charity!**
 Death itself died when life was slain on the tree.

Antiphon 2 We worship your cross, O Lord,
 and we commemorate your glorious passion.
 You suffered for us; have mercy on us.

Psalm 116:10-19

Thanksgiving in the Temple

Through Christ let us offer God a continual sacrifice of praise (Hebrews 13:15).

- I** I trusted, even when I said:
“I am sorely afflicted,;
and when I said in my alarm:
“No man can be trusted.”
- II** How can I repay the Lord
for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord’s name.
- I** My vows to the Lord I will fulfill
before all his people.
O precious in the eyes of the Lord
is the death of his faithful.

II Your servant, Lord, your servant am I;
You have loosened my bonds.
A thanksgiving sacrifice I make:
I will call on the Lord's name.

I My vows to the Lord I will fulfill
before all his people, →
in the courts of the house of the Lord,
in your midst, O Jerusalem.

II Glory to the Father, and to the Son,
and to the Holy Spirit:

I as it was in the beginning, is now,
and will be forever. Amen.

Antiphon **We worship your cross, O Lord, and we commemorate your glorious passion.
You suffered for us; have mercy on us.**

Antiphon 3 We adore you, O Christ, and we bless you, for by your holy cross you have
redeemed the world.

Canticle
Revelation 4:11, 5:9, 10, 12
Redemption hymn

I O Lord our God, you are worthy
to receive glory and honor and power.

II For you have created all things;
by your will they came to be and were made.

I Worthy are you, O Lord,
to receive the scroll and break open its seals.

II For you were slain;
with your blood you purchased for God
men of every race and tongue,
of every people and nation.

I You made of them a kingdom,
and priests to serve our God,
and they shall reign on the earth.

II Worthy is the Lamb that was slain
to receive power and riches,
wisdom and strength,
honor and glory and praise.

I Glory to the Father, and to the Son,
and to the Holy Spirit:

II as it was in the beginning, is now,
and will be forever. Amen.

Antiphon **We adore you, O Christ, and we bless you, for by your holy cross you have redeemed the world.**

READING

1 Corinthians 1:23-24

We preach Christ crucified—stumbling block to Jews,
and an absurdity to Gentiles;
but to those who are called, Jews and Greeks alike,
Christ the power of God and the wisdom of God.

REFLECTION

RESPONSORY

O glorious cross, on you the King of angels was victorious.
- **O glorious cross, on you the King of angels was victorious.**

And he has washed away our sins in his own blood.
- **On you the King of angels was victorious.**

Glory to the Father and to the Son and to the Holy Spirit
- **O glorious cross, on you the King of angels was victorious.**

CANTICLE OF MARY

Antiphon O cross, you are the glorious *sign* of our victory.
Through your power may *we* share
in the triumph of *Christ* Jesus.



My soul + proclaims the greatness *of* the Lord,
my spirit rejoices in God *my* Savior
for he has looked with favor on his lowly servant.

From this day all generations will *call* me blessed:
the Almighty has done great things *for* me
and holy is *his* Name.

He has mercy on *those* who fear him
in every generation.
He has shown the strength *of* his arm,
he has scattered the proud in their *conceit*.

He has cast down the mighty *from* their thrones,
and has lifted up *the* lowly.
He has filled the hungry *with* good things,
and the rich he has sent *away* empty.



He has come to the help of his *servant* Israel
for he has remembered his promise *of* mercy,
the promise he made *to* our fathers,
to Abraham and his children *for* ever.

Glory to the Father, and *to* the Son,
and to the Holy Spirit:
as it was in the *beginning is* now,
and will be forever. *Amen.*

Antiphon O cross, you are the glorious *sign* of our victory.
 Through your power may *we* share
 in the triumph of *Christ* Jesus.

INTERCESSIONS

Let us pray with confidence to Christ who endured the cross to save us:
Lord, through your cross bring us to the glory of your kingdom.

O Christ, you emptied yourself, taking the form of a servant and being made like us,
grant that your people may follow the example of your humility. **(R.)**

O Christ, you humbled yourself and became obedient unto death, even death on a cross,
grant that your servants may imitate your obedience and willing acceptance of trials. **(R.)**

O Christ, you were raised up by the Father and given the name that is above all other names, may
your people, strengthened in the hope of a heavenly resurrection, persevere to the end. **(R.)**

O Christ, at your name every knee in heaven, on earth and under the earth will bend in adoration,
pour out your love upon all men that they may join together in proclaiming your glory. **(R.)**

O Christ, every tongue shall confess that you are Lord to the glory of God the Father, welcome
our brothers and sisters who have died into the unending joy of your kingdom. **(R.)**

THE LORD'S PRAYER

PRAYER

O God, who willed that your Only Begotten Son should undergo the Cross to save the human race, grant, we pray, that we, who have known his mystery on earth, may merit the grace of his redemption in heaven. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God forever and ever.

- Amen.

BENEDICTION

All kneel as Benediction of the Most Blessed Sacrament is celebrated.

*1. Tantum ergo Sacramentum
Veneremur cernui,
Et antiquum documentum
Novo cedat ritui;
Praestet fides supplementum,
Sensuum defectui.*

*2. Genitori Genitoque
Laus et jubilation
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. Amen.*

At the conclusion of the hymn, the priest alone stands to say the following prayer.

BLESSING

Lord our God,
in this great sacrament we come into the presence of Jesus Christ,
your Son, born of the Virgin Mary and crucified for our salvation.
May we who declare our faith in this fountain of love and mercy
drink from it the water of everlasting life.
Through Christ our Lord.

-Amen.

REPOSITION

As the Priest takes the Blessed Sacrament from the altar to the tabernacle for reposi- tion, all say the following Divine Praises.

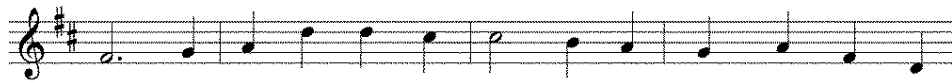
Blessed be God. Blessed be his Holy Name. Blessed be Jesus Christ, true God and true Man. Blessed be the Name of Jesus. Blessed be his most Sacred Heart. Blessed be his most Precious Blood. Blessed be Jesus in the most Holy Sacrament of the Altar. Blessed be the Holy Spirit, the Paraclete. Blessed be the great Mother of God, Mary most holy. Blessed be her holy and Immaculate Conception. Blessed be her glorious Assumption. Blessed be the name of Mary, Virgin and Mother. Blessed be Saint Joseph, her most chaste spouse. Blessed be God in his angels and in his saints.

HYMN OF THANKSGIVING

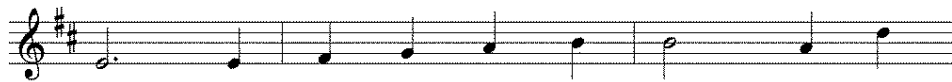
“The Church’s One Foundation”



1. The Church’s one foun - da - tion Is Je - sus Christ her
 2. E - lect from ev - ’ry na - tion, Yet one o’er all the
 3. ’Mid toil and trib - u - la - tion, And tu - mult of her
 4. Yet she on earth hath un - ion With God, the Three in



Lord; She is his new cre - a - tion By wa - ter and the
 earth, Her char - ter of sal - va - tion, One Lord, one faith, one
 war, She waits the con - sum - ma - tion Of peace for ev - er -
 One, And mys - tic sweet com - mun - ion With those whose rest is



word; From heaven he came and sought her To
 birth, One ho - ly name she bless - es, Par -
 more; Till with the vi - sion glo - rious, Her
 won. O hap - py ones and ho - ly! Lord,



be his ho - ly bride; With his own blood he
 takes one ho - ly food, And to one hope she
 long - ing eyes are blest, And the great Church vic -
 give us grace that we Like them, the meek and



bought her, And for her life he died.
 press - es, With ev - ’ry grace en - dued.
 to - rious Shall be the Church at rest.
 low - ly, On high may dwell with thee.

Text: Samuel J. Stone, 1839-1900
 Tune: AURELIA, 7 6 7 6 D; Samuel S. Wesley, 1810-1876

Morning Prayer

September 15, 2018

Our Lady of Sorrows

INVITATORY

God, come to my assistance.

- Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:

-as it was in the beginning, is now, and will be for ever.

-Amen. Alleluia.

HYMN

Stabat Mater



1. At the cross her sta - tion keep - ing, Stood the mourn - ful
 2. Through her heart, his sor - row shar - ing, All his bit - ter
 3. O how sad and sore dis - tressed, — Was that Moth - er
-
1. Sta - bat Ma - ter do - lo - ró - sa Ju - xta cru - cem
 2. Cu - jus á - ni - mam ge - mén - tem, Con - tri - stá - tam
 3. O quam tri - stis et af - flí - cta Fu - it il - la



1. Moth - er weep - ing, Close to Je - sus to the last.
 2. an - guish bear - ing, Now at length the sword has passed.
 3. high - ly blest — Of the sole be - got - ten One!
-
1. la - cri - mó - sa, Dum pen - dé - bat Fí - li - us.
 2. et do - lén - tem, Per - tran - sí - vit glá - di - us.
 3. be - ne - dí - cta Ma - ter U - ni - gé - ni - ti!

**Virgin of all virgins favored,
Do not turn from me though sinful,
Let me mourn and weep with you.**

**On the searching day of Judgment,
Holy Virgin Mary help me,
Let me not be cast away.**

**Made me bear the death of Jesus
In my very soul's recesses,
And his sacred wounds adore.**

**Make the Cross my sure salvation,
With Christ's death as my protection
May I pass from grace to grace.**

**By his wounds may I be strengthened,
May the Blood he shed to save me
Be as wine unto my soul.**

**When this mortal life is ended,
May my soul enjoy the glory
Of the vision of my Lord. Amen.**

PSALMODY

Antiphon 1 My soul clings to you, Lord Jesus Christ.

Psalm 63:2-9

A soul thirsting for God

Whoever has left the darkness of sin yearns for God.

I O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines for you
like a dry, weary land without water.
So I gaze on you in the sanctuary
to see your strength and your glory.

II For your love is better than life,
my lips will speak your praise.
So I will bless you all my life,
in your name I will lift up my hands.
My soul shall be filled as with a banquet,
my mouth shall praise you with joy.

I On my bed I remember you.
On you I muse through the night
for you have been my help;
in the shadow of your wings I rejoice.
My soul clings to you;
your right hand holds me fast.

II Glory to the Father, and to the Son,
and to the Holy Spirit:

I as it was in the beginning is now,
and will be for ever. Amen.

Antiphon My soul clings to you, Lord Jesus Christ.

Antiphon 2 Let us rejoice that we have been made sharers in Christ's passion.

Canticle

Daniel 3:57-88, 56

Let all creatures praise the Lord

All you servants of the Lord, sing praise to him (Revelation 19:5).

I Bless the Lord, all you works of the Lord.
Praise and exalt him above all forever.
Angels of the Lord, bless the Lord.
You heavens, bless the Lord.
All you waters above the heavens, bless the Lord.
All you hosts of the Lord, bless the Lord.
Sun and moon, bless the Lord.
Stars of heaven, bless the Lord.

II Every shower and dew, bless the Lord.
All you winds, bless the Lord.
Fire and heat, bless the Lord.
Cold and chill, bless the Lord.
Dew and rain, bless the Lord.
Frost and chill, bless the Lord.
Ice and snow, bless the Lord.
Nights and days, bless the Lord.
Light and darkness, bless the Lord.
Lightnings and clouds, bless the Lord.

I Let the earth bless the Lord.
Praise and exalt him above all forever.
Mountains and hills, bless the Lord.
Everything growing from the earth, bless the Lord.
You springs, bless the Lord.
Seas and rivers, bless the Lord.
You dolphins and all water creatures, bless the Lord.
All you birds of the air, bless the Lord.
All you beasts, wild and tame, bless the Lord.
You sons of men, bless the Lord.

II O Israel, bless the Lord.
Praise and exalt him above all forever.
Priests of the Lord, bless the Lord.
Servants of the Lord, bless the Lord.
Spirits and souls of the just, bless the Lord
Holy men of humble heart, bless the Lord.
Hananiah, Azariah, Mishael, bless the Lord.
Praise and exalt him above all forever.

I Let us bless the Father, and the Son, and the Holy Spirit.
Let us praise and exalt him above all forever.
Blessed are you, Lord, in the firmament of heaven.
Praiseworthy and glorious and exalted above all forever.

Antiphon Let us rejoice that we have been made sharers in Christ's passion.

Antiphon 3 It has pleased the Father to reconcile all creation in himself
through the blood of Christ.

Psalm 149

The joy of God's holy people

Let the sons of the Church, the children of the new people, rejoice in Christ, their King (Hesychius).

I Sing a new song to the Lord,
his praise in the assembly of the faithful.
Let Israel rejoice in its maker,
let Zion's sons exult in their king.
Let them praise his name with dancing
and make music with timbrel and harp.

II For the Lord takes delight in his people.
He crowns the poor with salvation.
Let the faithful rejoice in their glory,
shout for joy and take their rest.
Let the praise of God be on their lips
and a two-edged sword in their hand,

I to deal out vengeance to the nations
and punishment on all the peoples;
to bind their kings in chains
and their nobles in fetters of iron;
to carry out the sentence pre-ordained;
this honor is for all his faithful.

II Glory to the Father, and to the Son,
and to the Holy Spirit:

I as it was in the beginning, is now,
and will be forever. Amen.

**Antiphon It has pleased the Father to reconcile all creation in himself
through the blood of Christ.**

READING

Colossians 1:24-25

Even now I find my joy in the suffering I endure for you.
In my own flesh I fill up what is lacking in the sufferings of Christ
for the sake of his body, the Church.
I became a minister of this Church
through the commission God gave me
to preach among you his word in its fullness.

RESPONSORY

Through you we drink from the wellsprings of salvation, O Blessed Virgin Mary.

- Through you we drink from the wellsprings of salvation, O Blessed Virgin Mary.

From the sacred wounds of Christ,

- O Blessed Virgin Mary.

Glory to the Father, and to the Son, and to the Holy Spirit:

-Through you we drink from the wellsprings of salvation, O Blessed Virgin Mary.

CANTICLE OF ZECHARIAH

Antiphon Rejoice O sorrowful Mother;
after your great *sufferings*,
you shine *forth* as Queen,
enthroned *beside* your Son.



Blessed + be the Lord, the *God* of Israel;
he has come to his people and set *them* free.
He has raised up for us a *mighty* savior,
born of the house of his *servant* David.

Through his holy prophets he *promised* of old
That he would save us *from* our enemies.
From the hands of all *who* hate us.
He promised to show mercy *to* our fathers
and to remember his *holy* covenant.

This was the oath that he swore to our *father* Abraham:
to set us free from the hands of *our* enemies,
free to worship him *without* fear,
holy and righteous in his sight, all the days *of* our life.

You, my child, shall be called the prophet of *the* Most High,
for you will go before the Lord to *prepare* his way,
to give his people knowledge *of* salvation
by the forgiveness *of* their sins.

In the tender compassion *of* our God
the dawn from on high shall *break* upon us,
to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the *way* of peace.

Glory to the Father, and *to* the Son,
and to the *Holy* Spirit:
As it was in the *beginning*, is now,
and will be *forever*. Amen.

Antiphon Rejoice O sorrowful Mother;
after your great *sufferings*,
you shine *forth* as Queen,
enthroned *beside* your Son.

INTERCESSIONS

*Let us glorify our Savior, who chose the Virgin Mary for his mother, Let us ask him:
May your mother intercede for us, Lord.*

Sun of Justice, the Immaculate Virgin was the white dawn announcing your rising,
grant that we may always live in the light of your coming. **(R.)**

Eternal Word, you chose Mary as the uncorrupted ark of your dwelling place,
free us from the corruption of sin. **(R.)**

Savior of mankind, your mother stood at the foot of your cross,
grant, through her intercession, that we may rejoice to share in your passion. **(R.)**

With ultimate generosity and love, you gave Mary as a mother to your beloved disciple,
help us to live as worthy sons of so noble a mother. **(R.)**

THE LORD'S PRAYER

CONCLUDING PRAYER

O God, who willed
that, when your Son was lifted high on the Cross,
his Mother should stand close by and share his suffering,
grant that your Church,
participating with the Virgin Mary in the Passion of Christ,
may merit a share in his Resurrection.
Who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

DISMISSAL

The Lord be with you.

-And with your spirit.

May almighty God bless you, the Father, and the Son, and the Holy Spirit.

-Amen.

Go in peace.

-Thanks be to God.