

A Rosary for Healing & Protection



Together, we can ensure that all children are safe from sexual abuse and can provide assistance and support to victims who are on the path to healing. You can help in these efforts by offering your prayers for healing and protection. This rosary will help you to lift up their needs in prayer, offering them to God through Mary who offers her loving protection to all her children

Our Father

Our Father who art in heaven, hallowed be thy name; thy Kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and for- give us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Hail Mary

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Hail Holy Queen

Hail, holy Queen, Mother of mercy: Hail, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, Mourning and weeping in this valley of tears. Turn then, most gracious advocate Your eyes of mercy towards us; And after this our exile, Show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

For a small booklet format with additional reflections for the Joyful, Glorious and Luminous Mysteries of the Rosary, go to: <http://www.usccb.org/issues-and-action/child-and-youth-protection/resources/upload/rosary-for-healing-booklet.pdf>

Sorrowful Mysteries

Agony in the Garden

He was in such agony and he prayed so fervently that his sweat became like drops of blood falling on the ground. (Lk 22:44) Many victims of child sexual abuse suffer in silence for years, wrestling alone with the agony of their memories and pain. We pray that the Church may always be a place where they can come to share their stories, be received in love and compassion, and be supported on the path to healing.

Scourging at the Pillar

Then Pilate took Jesus and had him scourged. (Jn 19:1) The experience of child sexual abuse may leave scars no less profound than the scars of a scourging, though they often remain unseen. We must strive to make our parish communities places where victims can feel safe to share their burdens and to find healing and peace.

Crowning with Thorns

And the soldiers wove a crown out of thorns and placed it on his head, and clothed him in a purple cloak, and they came to him and said, "Hail, King of the Jews!" And they struck him repeatedly. (Jn 19:2-3) Those who have survived sexual abuse may feel isolated from the community, set apart and unwelcome. Jesus must have felt the same as the soldiers mocked and tortured him. As members of Christ's Body, the Church, we are called to see Christ in our brothers and sisters in need and offer them our aid, comfort, and support.

Carrying the Cross

They pressed into service a passer-by, Simon, a Cyrenian, who was coming in from the country, the father of Alexander and Rufus, to carry his cross. (Mk 15:21)

Simon helped Jesus carry his cross, helping him bear the weight and the burden. So must we help victims of child sexual abuse bear the weight and burden of their experiences, helping them to find healing God who is light and life.

The Crucifixion

Jesus cried out in a loud voice, "Father, into your hands I commend my spirit;" and when he had said this he breathed his last. (Lk 23:46) We commend into God's hands all those who are at risk for child sexual abuse, those who are doing the hard work of healing, and those who are not yet ready to begin the healing process. Through our prayers, efforts, and sacrifices, may they come to know the peace and whole that only God can bring.